

'Get Out There!' includes:

Regular and meaningful voluntary training placements for adults

Access to variety of local sites and large sites across and outside of London

Training and support based on personal aims

Information on additional training and further volunteering opportunities

Fun, seasonal family activities throughout the year

Enjoyable trips and celebration events

How can I get involved?



For more details about the 'Get Out There!' project and to find out how you can get involved, please contact us:

Website: www.hcga.org.uk

Email: getoutthere@hcga.org.uk

Post: HC GA, 1 Melina Road, London, W12 9HY

Tel: 07969 754564

Get Out There!



meadow cutting



species conservation



step building

building fences



learning about nature



enjoying wildlife



'Get Out There!' is an exciting new project - giving you the opportunity to discover, explore and learn more about wildlife and managing natural spaces.



Who are we?

Hammersmith Community Gardens Association (HCGA) is a local environmental charity. We currently manage two community garden sites at Loris Road and Godolphin Road and a glasshouse project based in Ravenscourt Park. HCGA is also a partner in the Phoenix School Farm on the White City Estate, and we work with many schools and early years centres in the borough.

What is 'Get Out There!'?

'Get Out There!' is an exciting new 3 year project launched in March 2010. We will work with local people across the Hammersmith and Fulham borough to provide training courses for adults and day trips away for families. The project is funded by Natural England through Access to Nature, as part of the Big Lottery Fund's Changing Spaces programme.

increase self confidence



team work

What will trainees get from the project?

Through our 12 week training course (one day/week) you will learn a range of useful and rewarding new skills in basic environmental management. Gain practical conservation management skills, experience in tool use, improve your wildlife ID and lots more! You will get the opportunity to visit larger more varied sites across London such as woodlands, wetlands and meadows, as well as our own sites and gardens in Hammersmith. Our courses are open to adults who want to try something new and 'Get Out There!' We are particularly interested in recruiting people who have been long term unemployed. You don't need any experience to join in.

What will families get from the project?

The 'Get Out There!' project will deliver a programme of fun seasonal visits and activities for local families throughout the year. Trips and activities could include pumpkin picking in the autumn, bushcraft and wild food in the spring and pond dipping in the summer! Get out and about with 'Get Out There!', meet other families and visit new places in a supportive and relaxed environment.

Our work with other organisations ensures that the people we work with have access to a variety of high quality and large scale sites providing a really good experience of the natural environment.

'Get Out There!' is working with many organisations including:

Groundwork London

The Lambourne End Centre

London Wildlife Trust

Groundwork Thames Valley

bushcraft skills



willow weaving



wildlife watching

creating habitats



butterfly surveys



fresh air and exercise